

KID POWER'S OPERATION LUNCH LINE 3D!

Teacher's Guide

Kid Power's Operation Lunch Line 3D is designed to reinforce your curriculum in Health and Nutrition with connections to Physical Education, Science (Biology, Anatomy, Energy) and Performing Arts.

(Feel free to adapt this guide to better suit the ages and needs of your students.)

VOCABULARY

Organs	Heart	Brain	Stomach
Lungs	Cells	Muscles	Esophagus
Nerve	Optic Nerve	Bone	Tissue
Blood	Abdomen	Small Intestines	Large Intestines
MyPlate	Dairy	Vegetable	Fruit
Digestion	Nutrients	Protein	Carbohydrates
Vitamins	Minerals	Water	Fats
Enzymes	Pepsin	Lipase	Amylase
Processed Food	Natural Food	Calorie	Portion
Fatigue	Famished	High Fructose Corn Syrup	Photosynthesis

PRE-SHOW ACTIVITIES

- Fantastic Voyage:** In the performance your students will be asked to imagine that they are miniaturized and put inside a human body. Ask them how they imagine that experience would feel. What would they see in different parts of the body? Also, what is the value of pretending and imagination?
- Vocabulary:** Play the Jeopardy game with the vocabulary words above - you give the definition and they must come up with the word, in the form of a question.
- Brain Storm:** Make a chart with two lists: BEST FOODS FOR HEALTH and BEST ACTIVITIES FOR FITNESS. Urge the students to give their suggestions when asked during the show.
- Organ Autobiography:** Have students research one of the organs listed in the vocabulary list. Then have them write the "Autobiography" of that organ, as if they **were** the organ talking. They can then read their autobiography to the other students.
- Remind the students of appropriate audience behavior:**
 - If you like the performance, clapping at the end of a song and at the end of the show is the best way to let the performer know.
 - Listen closely to Kid Power - sometimes he will ask you to say something all together, other times he will ask you to raise your hand if you'd like to answer a question or volunteer on stage.
 - Twice during the show Kid Power will ask you to move and dance - please stay in your own space; be careful not to touch or bump into your neighbor.
 - If you don't like the show, the appropriate thing to do is sit quietly and respectfully.

