



MERMAID THEATRE OF NOVA SCOTIA

Puppets in Paper Series

Notes for Educators and Presenters

PIP Episode: 1 - “Introduction and Pip Puppet Making”

Things to Know:

Setting: Mermaid Theatre of Nova Scotia, Windsor, Nova Scotia, Canada

Episodes: 11 main episodes with 10 additional micro-workshops;

Type of Performance: Activity-driven performance work;

Age Recommendation: 4+

About the Puppets in Paper Series

Mermaid Theatre of Nova Scotia's innovative performance-based emotional learning series takes you and Pip, a paper bag puppet, through colorful worlds and emotional experiences. Pip was created to be gender neutral and all performances are non-verbal, supported by soft colouring for children on the spectrum. Suitable for children 4+.

Benefits of Puppet Play

Puppet play engages and entertains children while supporting important and key developmental phases. Children are able to have fun while developing:

- Stronger language and listening skills
- A greater understanding of complex relationships
- Improved memory/recall skills
- Increased fine motor skills
- Increased problem-solving skills
- Critical and creative thinking
- Creative play in a risk-free environment

This series also incorporates colour psychology, utilizing the emotional and psychological effects colours have on sighted people.

Each episode includes an accompanying micro-workshop in which Jim Morrow (guided instructor and puppeteer), will give instruction on movement and guide participants through conveying emotion with their own Pip puppets. The instructions are clear and simple, making it easy for children to follow along. We strongly suggest having the children make their own Pip puppets to use as a teaching and entertainment device.

THE MERMAID WORKSHOP

HOW TO MAKE YOUR PIP PUPPET

Follow along with Struan as he shows you how to make your very own Pip puppet.

Pip Workshop Material & Tool List

- Paper (any colour)
- 3 Brown Paper Bags
- Masking Tape
- Scissors (child-safe or adult can help cut)
- Marker
- Decorations
 - 2 Bottle Caps
 - 3 Buttons
 - Paper

Safety Disclaimer

We highly recommend that an adult assist in all of The Mermaid Workshop series workshops. Direct supervision when building puppets is a proactive and preventative safety measure as the workshops use tools (scissors and at times, hot glue) that a child will need assistance with. There are many times when a glue stick or tape can replace hot glue. Stay safe and have fun building your puppets.

We welcome you to participate in this innovative and special
Mermaid Theatre of Nova Scotia digital series!



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Puppets in Paper Series

Notes for Educators and Presenters

PIP Episode: 2 - “Pride”

Things to Know:

Setting: A vegetable garden.

Associated emotional colour: Purple

Secondary characters: A bunny.

What children can expect:

- In this episode the paper bag puppet created for this series, Pip, tends to a luscious garden and experiences pride in doing so. Children will be introduced to Pip, as well as the puppeteer, Jim, and experience the scenery of Pip’s garden.
- Children will see the colour purple used to signify the emotion pride.

Educators and presenters may wish to pause the episode at the 5:14 mark prior to the reveal of the emotion and associated colour depicted in the episode.

Learning Outcomes

- Identify pride as an emotion;
- The colour purple can support the emotional theme of feeling proud;
- Relational objects and environments;

Recommended Activities for Children

Post-viewing conversations

- Discuss what pride means;
- Share other examples of feeling proud;
- Name the images and other characters found in the video;
- Draw a picture showing pride;



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Puppets in Paper Workshop Series

Notes for Educators and Presenters

PIP Workshop Episode: 1 - “Pride”

What children can expect:

In this micro-workshop, guided instructor and puppeteer Jim Morrow will explain movements and how Pip showed pride in the episode.

Recommended Activity

- Follow along with your Pip puppet as the video plays;
- Practice moving Pip in different ways (slow, fast, hopping, jumping, floating, dancing, etc.)
- Create an environment to support Pip experiencing feeling proud;
- Show Pip feeling proud independently from the video;
- Demonstrate with Pip another way to represent feeling proud;

Supplemental Notes:

- Guided Instructor, Jim uses props to facilitate the workshop. We suggest using everyday found objects to support scene play;
- Mermaid Studios creates all characters, props, and scenery out of a variety of resources. We suggest cardboard and paper when creating environments at home or in the classroom;



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Puppets in Paper Series

Notes for Educators and Presenters

PIP Episode: 3 - “Sad”

Things to Know:

Setting: A downtown city.

Associated emotional colour: Blue

Secondary characters: A cat and a rat.

What children can expect:

- In this episode the paper bag puppet created for this series, Pip, searches for something lost in a downtown city and experiences sadness in doing so. Children will be introduced to Pip, as well as the puppeteer, Jim, and experience the scenery of Pip’s downtown city.
- Children will see the colour **blue** used to signify the emotion **sadness**.

Educators and presenters may wish to pause the episode at the 5:30 mark prior to the reveal of the emotion and associated colour depicted in the episode.

Learning Outcomes

- Identify sadness as an emotion;
- The colour **blue** can support the emotional theme of feeling sad;
- Relational objects and environments;

Recommended Activities for Children

Post-viewing conversations

- Discuss what sad means;
- Share other examples of feeling sad;
- Name the images and other characters found in the video;
- Draw a picture showing sadness;



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Puppets in Paper Workshop Series

Notes for Educators and Presenters

PIP Workshop Episode: 2 - “Sad”

What children can expect:

In this micro-workshop, guided instructor and puppeteer Jim Morrow will explain movements and how Pip showed pride in the episode.

Recommended Activity

- Follow along with your Pip puppet as the video plays;
- Practice moving Pip in different ways (slow, fast, hopping, jumping, floating, dancing, etc.)
- Create an environment to support Pip experiencing feeling sad;
- Show Pip feeling sad independently from the video;
- Demonstrate with Pip another way to represent feeling sad;

Supplemental Notes:

- Guided Instructor, Jim uses props to facilitate the workshop. We suggest using everyday found objects to support scene play;
- Mermaid Studios creates all characters, props, and scenery out of a variety of resources. We suggest cardboard and paper when creating environments at home or in the classroom;



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Puppets in Paper Series

Notes for Educators and Presenters

PIP Episode: 4 - “Joy”

Things to Know:

Setting: A snow hill.

Associated emotional colour: Yellow

Secondary characters: A bird and a snowperson.

What children can expect:

- In this episode the paper bag puppet created for this series, Pip, plays in the snow and experiences joy in doing so. Children will be introduced to Pip, as well as the puppeteer, Jim, and experience the scenery of Pip’s snow hill.
- Children will see the colour **yellow** used to signify the emotion **joy**.

Educators and presenters may wish to pause the episode at the 5:30 mark prior to the reveal of the emotion and associated colour depicted in the episode.

Learning Outcomes

- Identify joy as an emotion;
- The colour **yellow** can support the emotional theme of feeling joy;
- Relational objects and environments;

Recommended Activities for Children

Post-viewing conversations

- Discuss what joy means from watching the video;
- Share other examples of feeling joyful;
- Name the images and other characters found in the video;
- Draw a picture showing joy;



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Notes for Educators and Presenters

PIP Workshop Episode: 3 - “Joy”

What children can expect:

In this micro-workshop, guided instructor and puppeteer Jim Morrow will explain movements and how Pip showed pride in the episode.

Recommended Activity

- Follow along with your Pip puppet as the video plays;
- Practice moving Pip in different ways (slow, fast, hopping, jumping, floating, dancing, etc.)
- Create an environment to support Pip experiencing feeling joy;
- Show Pip feeling joy independently from the video;
- Demonstrate with Pip another way to represent feeling joyful;

Supplemental Notes:

- Guided Instructor, Jim uses props to facilitate the workshop. We suggest using everyday found objects to support scene play;
- Mermaid Studios creates all characters, props, and scenery out of a variety of resources. We suggest cardboard and paper when creating environments at home or in the classroom;



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Puppets in Paper Series

Notes for Educators and Presenters

PIP Episode: 5 - “Shy”

Things to Know:

Setting: Underwater ocean.

Associated emotional colour: Orange

Secondary characters: A starfish, a crab, and a dolphin.

What children can expect:

- In this episode the paper bag puppet created for this series, Pip, plays underwater and experiences feeling shy when meeting other creatures. Pip enjoys the creature’s movements and copies them when the creatures are not looking or have left the area. Children will be introduced to Pip, as well as the puppeteer, Jim, and experience the scenery of Pip’s underwater world.
- Children will see the colour orange used to signify the emotion shyness.

Educators and presenters may wish to pause the episode at the 7:40 mark prior to the reveal of the emotion and associated colour depicted in the episode.

Learning Outcomes

- Identify shyness as an emotion;
- The colour orange can support the emotional theme of feeling shy;
- Relational objects and environments;

Recommended Activities for Children

Post-viewing conversations

- Discuss what shy means from watching the video;
- Share other examples of feeling shy;
- Name the images and other characters found in the video;
- Draw a picture showing shyness;



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Puppets in Paper Workshop Series

Notes for Educators and Presenters

PIP Workshop Episode: 4 - “Shy”

What children can expect:

In this micro-workshop, guided instructor and puppeteer Jim Morrow will explain movements and how Pip showed pride in the episode.

Recommended Activity

- Follow along with your Pip puppet as the video plays;
- Practice moving Pip in different ways (slow, fast, hopping, jumping, floating, dancing, etc.)
- Create an environment to support Pip experiencing feeling shy;
- Show Pip feeling shy independently from the video;
- Demonstrate with Pip another way to represent feeling shy;

Supplemental Notes:

- Guided Instructor, Jim uses props to facilitate the workshop. We suggest using everyday found objects to support scene play;
- Mermaid Studios creates all characters, props, and scenery out of a variety of resources. We suggest cardboard and paper when creating environments at home or in the classroom;



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Puppets in Paper Series

Notes for Educators and Presenters

PIP Episode: 6 - “Compassion”

Things to Know:

Setting: A forest.

Associated emotional colour: Green

Secondary characters: A dragonfly, a snail, a squirrel, a fox, and a butterfly.

What children can expect:

- In this episode the paper bag puppet created for this series, Pip, plays in the forest and experiences feeling compassionate when feeding the creature (s) a snack. Pip also experiences kindness when the animals come close and say hello. Children will be introduced to Pip, as well as the puppeteer, Jim, and experience the scenery of Pip’s forest.
- Children will see the colour green used to signify the emotion compassion.

Educators and presenters may wish to pause the episode at the 7:06 mark prior to the reveal of the emotion and associated colour depicted in the episode.

Learning Outcomes

- Identify compassion as an emotion;
- The colour green can support the emotional theme of feeling kind;
- Relational objects and environments;

Recommended Activities for Children

Post-viewing conversations

- Discuss what compassion means from watching the video;
- Share other examples of feeling kind;
- Name the images and other characters found in the video;
- Draw a picture showing compassion;



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Puppets in Paper Workshop Series

Notes for Educators and Presenters

PIP Workshop Episode: 5 - “Compassion”

What children can expect:

In this micro-workshop, guided instructor and puppeteer Jim Morrow will explain movements and how Pip showed pride in the episode.

Recommended Activity

- Follow along with your Pip puppet as the video plays;
- Practice moving Pip in different ways (slow, fast, hopping, jumping, floating, dancing, etc.)
- Create an environment to support Pip experiencing feeling compassion;
- Show Pip feeling kind independently from the video;
- Demonstrate with Pip another way to represent feeling kind;

Supplemental Notes:

- Guided Instructor, Jim uses props to facilitate the workshop. We suggest using everyday found objects to support scene play;
- Mermaid Studios creates all characters, props, and scenery out of a variety of resources. We suggest cardboard and paper when creating environments at home or in the classroom;



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Notes for Educators and Presenters

PIP Episode: 7 - “Fear”

Things to Know:

Setting: A planet far away.

Associated emotional colour: Charcoal

Secondary characters: A bat-alien, a spider-alien, and a happy monster-alien.

What children can expect:

- In this episode the paper bag puppet created for this series, Pip, plays travels to a far away planet and experiences feeling fear. Children will be introduced to Pip, as well as the puppeteer, Jim, and experience the scenery of Pip’s newfound planet.
- Children will see the colour charcoal used to signify the emotion fear.

Educators and presenters may wish to pause the episode at the 7:43 mark prior to the reveal of the emotion and associated colour depicted in the episode.

Learning Outcomes

- Identify fear as an emotion;
- The colour charcoal can support the emotional theme of feeling fear;
- Relational objects and environments;

Recommended Activities for Children

Post-viewing conversations

- Discuss what fear means from watching the video;
- Share other examples of feeling fearful;
- Name the images and other characters found in the video;
- Draw a picture showing fear;



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Notes for Educators and Presenters

PIP Workshop Episode: 6 - “Fear”

What children can expect:

In this micro-workshop, guided instructor and puppeteer Jim Morrow will explain movements and how Pip showed pride in the episode.

Recommended Activity

- Follow along with your Pip puppet as the video plays;
- Practice moving Pip in different ways (slow, fast, hopping, jumping, floating, dancing, etc.)
- Create an environment to support Pip experiencing fear;
- Show Pip feeling fear independently from the video;
- Demonstrate with Pip another way to represent feeling fear;

Supplemental Notes:

- Guided Instructor, Jim uses props to facilitate the workshop. We suggest using everyday found objects to support scene play;
- Mermaid Studios creates all characters, props, and scenery out of a variety of resources. We suggest cardboard and paper when creating environments at home or in the classroom;



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Notes for Educators and Presenters

PIP Episode: 8 - “Boredom”

Things to Know:

Setting: A bedroom.

Associated emotional colour: Gray

Secondary characters: A dinosaur, hockey stick and ball, colouring paper and pencil, a sheep, and a sandwich.

What children can expect:

- In this episode the paper bag puppet created for this series, Pip, plays in the bedroom and experiences feeling bored while waiting for bedtime. Children will be introduced to Pip, as well as the puppeteer, Jim, and experience the scenery of Pip’s bedroom.
- Children will see the colour **gray** used to signify the emotion boredom.

Educators and presenters may wish to pause the episode at the 7:10 mark prior to the reveal of the emotion and associated colour depicted in the episode.

Learning Outcomes

- Identify boredom as an emotion;
- The colour **gray** can support the emotional theme of feeling bored;
- Relational objects and environments;

Recommended Activities for Children

Post-viewing conversations

- Discuss what bored means from watching the video;
- Share other examples of feeling bored;
- Name the images and other characters found in the video;
- Draw a picture showing boredom;



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Notes for Educators and Presenters

PIP Workshop Episode: 7 - “Boredom”

What children can expect:

In this micro-workshop, guided instructor and puppeteer Jim Morrow will explain movements and how Pip showed pride in the episode.

Recommended Activity

- Follow along with your Pip puppet as the video plays;
- Practice moving Pip in different ways (slow, fast, hopping, jumping, floating, dancing, etc.)
- Create an environment to support Pip experiencing boredom;
- Show Pip feeling bored independently from the video;
- Demonstrate with Pip another way to represent feeling bored;

Supplemental Notes:

- Guided Instructor, Jim uses props to facilitate the workshop. We suggest using everyday found objects to support scene play;
- Mermaid Studios creates all characters, props, and scenery out of a variety of resources. We suggest cardboard and paper when creating environments at home or in the classroom;



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Notes for Educators and Presenters

PIP Episode: 9 - “Anger”

Things to Know:

Setting: A beach.

Associated emotional colour: Red

Secondary characters: A parrot, treasure chest, a piece of cheese, a hot dog, a set of teeth, and a coconut.

What children can expect:

- In this episode the paper bag puppet created for this series, Pip, experiences feeling angry while struggling to open the treasure chest in the hot sun. Children will be introduced to Pip, as well as the puppeteer, Jim, and experience the scenery of Pip’s beach.
- Children will see the colour red used to signify the emotion anger.

Educators and presenters may wish to pause the episode at the 7:41 mark prior to the reveal of the emotion and associated colour depicted in the episode.

Learning Outcomes

- Identify anger as an emotion;
- The colour red can support the emotional theme of feeling angry;
- Relational objects and environments;

Recommended Activities for Children

Post-viewing conversations

- Discuss what angry means from watching the video;
- Share other examples of feeling anger;
- Name the images and other characters found in the video;
- Draw a picture showing anger;



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Notes for Educators and Presenters

PIP Workshop Episode: 8 - “Anger”

What children can expect:

In this micro-workshop, guided instructor and puppeteer Jim Morrow will explain movements and how Pip showed pride in the episode.

Recommended Activity

- Follow along with your Pip puppet as the video plays;
- Practice moving Pip in different ways (slow, fast, hopping, jumping, floating, dancing, etc.)
- Create an environment to support Pip experiencing anger;
- Show Pip feeling angry independently from the video;
- Demonstrate with Pip another way to represent feeling angry;

Supplemental Notes:

- Guided Instructor, Jim uses props to facilitate the workshop. We suggest using everyday found objects to support scene play;
- Mermaid Studios creates all characters, props, and scenery out of a variety of resources. We suggest cardboard and paper when creating environments at home or in the classroom;



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Notes for Educators and Presenters

PIP Episode: 10 - “Calm”

Things to Know:

Setting: An park.;

Associated emotional colour: Pink

Secondary characters: A bee, a dog, 2 pigeons, a frog, a duck and ducklings, and an umbrella.

What children can expect:

- In this episode the paper bag puppet created for this series, Pip, experiences feeling calm while acknowledging the animals and peaceful environment. Even when the rain starts to pour, no matter, Pip has an umbrella and remains peaceful. Children will be introduced to Pip, as well as the puppeteer, Jim, and experience the scenery of Pip’s park.
- Children will see the colour pink used to signify the emotion of being calm.

Educators and presenters may wish to pause the episode at the 7:39 mark prior to the reveal of the emotion and associated colour depicted in the episode.

Learning Outcomes

- Identify calmness as an emotion;
- The colour many colours can support the emotional theme of feeling calm.
- Relational objects and environments;

Recommended Activities for Children

Post-viewing conversations

- Discuss what calm means from watching the video;
- Share other examples of feeling peaceful;
- Name the images and other characters found in the video;
- Draw a picture showing being calm;



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Puppets in Paper Workshop Series

Notes for Educators and Presenters

PIP Workshop Episode: 9 - "Calm"

What children can expect:

In this micro-workshop, guided instructor and puppeteer Jim Morrow will explain movements and how Pip showed pride in the episode.

Recommended Activity

- Follow along with your Pip puppet as the video plays;
- Practice moving Pip in different ways (slow, fast, hopping, jumping, floating, dancing, etc.)
- Create an environment to support Pip experiencing feeling calm;
- Show Pip feeling calm independently from the video;
- Demonstrate with Pip another way to represent feeling calm;

Supplemental Notes:

- Guided Instructor, Jim uses props to facilitate the workshop. We suggest using everyday found objects to support scene play;
- Mermaid Studios creates all characters, props, and scenery out of a variety of resources. We suggest cardboard and paper when creating environments at home or in the classroom;



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Puppets in Paper Series

Notes for Educators and Presenters

PIP Episode: 11 - “Curious”

Things to Know:

Setting: An imaginary world.

Associated emotional colour: Multiple Colours (Rainbow)

Secondary characters: Multiple instruments, colours and music notes.

What children can expect:

- In this episode the paper bag puppet created for this series, Pip, experiences feeling curious while examining the new imaginary world. In this world are several instruments which make fun and silly sounds. Children will be introduced to Pip, as well as the puppeteer, Jim, and experience the scenery of Pip’s imaginary world.
- Children will see the many colours used to signify the emotion curious.

Educators and presenters may wish to pause the episode at the 6:27 mark prior to the reveal of the emotion and associated colour depicted in the episode.

Learning Outcomes

- Identify curious as an emotion;
- The colour many colours can support the emotional theme of feeling curious.
- Relational objects and environments;

Recommended Activities for Children

Post-viewing conversations

- Discuss what curious means from watching the video;
- Share other examples of feeling curious;
- Name the images and other characters found in the video;
- Draw a picture showing curiosity;



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Puppets in Paper Workshop Series

Notes for Educators and Presenters

PIP Workshop Episode: 10 - “Curious”

What children can expect:

In this micro-workshop, guided instructor and puppeteer Jim Morrow will explain movements and how Pip showed pride in the episode.

Recommended Activity

- Follow along with your Pip puppet as the video plays;
- Practice moving Pip in different ways (slow, fast, hopping, jumping, floating, dancing, etc.)
- Create an environment to support Pip experiencing feeling curious;
- Show Pip feeling curious independently from the video;
- Demonstrate with Pip another way to represent feeling curious;

Supplemental Notes:

- Guided Instructor, Jim uses props to facilitate the workshop. We suggest using everyday found objects to support scene play;
- Mermaid Studios creates all characters, props, and scenery out of a variety of resources. We suggest cardboard and paper when creating environments at home or in the classroom;